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Abstract

The study determined the level of pain assessment and pain management competencies of staff nurses in selected tertiary hospitals of the City of San Fernando, La Union namely Lorma Medical Center, !locos Training and Regional Medical Center and Bethany Hospital. The descriptive type of research was applied in this study; the researcher documented 205 staff nurses. The researcher included 84 patients who participated in the data gathering.

Majority of the respondents are young aged 20-35, female, Bachelor of Science in Nursing, had 0-5 seminars and trainings attended in the 0-5 years length of service. The level of pain assessment competencies of staff nurses by nurses themselves and by patients is very satisfactory. The level of pain management competencies of staff nurses by nurses themselves and by patients is very satisfactory. There are significant differences between the biodemographic profile of staff nurses and their pain assessment and pain management competencies of staff nurses.

An action plan is proposed to enhance and maintain the pain assessment and management competencies of staff nurses in selected tertiary hospitals in the City of San Fernando, La Union.