

INALDO, M. L. (2012). Clients' Knowledge On Diabetes Mellitus Type II and Compliance With Treatment Regimen. Lorma Colleges, City of San Fernando, La Union.

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Abstract:

The study determined the client's knowledge on diabetes mellitus type II and compliance with treatment regimen in the City Health Office of San Fernando City, La Union. The respondents are not adequately educated or informed regarding diabetes mellitus specifically on the risk factors, manifestations and complications. The respondents are not fully compliant on treatment regimen of their disease. The sufficiency and deficiency on knowledge along risk factors, manifestations, complications and compliance with treatment regimen along diet, exercise and medication/ other treatment were identified and was used as basis for the development of an Information Education Campaign (IEC) material for diabetes mellitus type II clients.

Based from the findings and conclusions of this study, it is recommended that in cooperation with the DOH and RHUs should have a more intensive campaign and information dissemination about diabetes and they should introduce a variety of educational strategies to the community people. Hospitals, health centres and nursing schools should use the Information Education Campaign material as a reference source in their campaign against diabetes.