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Key Words : Nurse-coached interventions, Self-care

Abstract

The study determined the extent of nurse-coached interventions rendered to families of clients confined in tertiary hospitals of La Union. The families are very satisfied with the level of health teachings of interventions in terms of complication prevention, while satisfactory level was obtained in terms of safe medication administration and pain control and management. The families moderately implement the nurse-coached interventions in terms of complication prevention, safe medication administration, and pain control and management. There were identified strengths and weaknesses of the nurse-coached interventions. A proposed training and educational plan was formulated based on the findings of the study.

The study concluded that the teachings of the staff nurses on interventions in the care of clients had prepared the family to continue the care after the discharge. The implementation by the family members on the teachings shows the need to provide a more intense practice and an in-depth supervision while the patient is still confined.

Based on the findings and conclusions, it is recommended that healthcare providers communicate and share unbiased information with patients and families in ways that support them; formulation of information booklet for patient's families; and a similar study to determine the extent of teaching and implementation of nurse-coached interventions at other tertiary hospitals of La Union.