

Pagulayan, G. (2011). Compliance to Discharge Care Instructions among COPD Clients in Selected Tertiary Hospitals of La Union. Lorma Colleges, City of San Fernando, La Union.

Keywords: *discharge care instructions, compliance chronic obstructive pulmonary disease*

Abstract

The study determined the compliance to discharge care instructions among COPD clients in Selected Tertiary Hospitals of la Union as well as the strengths and weaknesses of COPD clients to discharge care instructions. It was conducted in the calendar year 2010-2011. This study involved one hundred forty eighth (148) COPD clients in selected Tertiary hospitals of La Union, (61) from Lorma Medical Center and (87) from Ilocos Training and Regional Medical Center.

Results revealed that COPD clients do not completely follow care instructions given to them upon discharge. Moreover, COPD clients follow discharge care instructions pertaining to their socio-cultural, spiritual and psychological care but not with regards to physical, nutritional, socio-economic and medical care.

A discharge care health guide was proposed for COPD clients. The COPD clients were informed of the recommended discharge care health guide.