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ABSTRACT

The study determined the predisposing factors to Acute Gastroenteritis (AGE) among residents of selected Barangays of San Fernando City, La Union. The descriptive research design was utilized in this study. A questionnaire was used as the main tool to gather data. Frequency count, percentages and weighted mean were utilized to treat the data.

The salient findings of the study are as follows : (1) The number of cases of AGE for the past five years in the four (4) selected Barangays are as follows: Barangay A 355, Barangay B 314, Barangay C 277 and Barangay D 212; (2) The common practices on predisposing factors to AGE by the residents are along food preparation, food storage, food intake, venue of food intake, personal hygiene, drinking water, alcohol consumption and certain medications; and (3) The most high risk predisposing factor are along food preparation, food storage, food intake, venue of food intake, personal hygiene, and drinking water.

Based on the findings of the study, a health guide was proposed to mitigate the predisposing factors to Acute Gastroenteritis.