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## **ABSTRACT**

The study describes the level of emotional health of the nurses in tertiary hospitals in Baguio City, to which, a descriptive - survey design was used, utilizing a survey questionnaire as the main tool in gathering the needed data. In addition, to supplement the gathered data, informal interviews, observation, participation, and library techniques were also conducted along the processes in this study. The study was conducted in the Tertiary Hospitals in Baguio City with the involvement of a total number of two hundred and seventy-five (275) respondents. Specifically, these hospitals included the Baguio General Hospital and Medical Center (BGHMC), the Notre Dame De Chartres Hospital, and the Saint Louis University Hospital of the Sacred Heart.

All gathered data in the study was tallied, classified, tabulated and subjected to statistical treatment through frequency, percentage, and weighted means. The salient findings of the study are as follows: staff nurses in the tertiary hospitals in Baguio City have a very good emotional health; there is no significant difference in the level of emotional health of nurses across age, sex, and years of experience; the indicators of emotional health nurses in tertiary hospitals in Baguio City are all high and the measures to improve the emotional health of nurses in tertiary hospitals in Baguio City was proposed.