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ABSTRACT

This study aimed to determine the health maintenance of postoperative orthopedic patients. The study was conducted in orthopedic units of Lorma Medical Center with a total of forty-five (45) respondents. Descriptive method and questionnaires were used in gathering data which were treated using Weighted Mean and Chi square statistical tests.

The salient findings of the study are as follows: (1) The extent of compliance with the health maintenance of postoperative orthopedic patients is moderately complied, (2) The degree of seriousness of problems encountered by the postoperative orthopedic patients in complying with the health maintenance is moderately serious, (3) There is a significant relationship between the extent of compliance of postoperative orthopedic patients to the health maintenance and th degree of seriousness of the problems that they encountered, and (4) There are identified most and least complied health maintenance in all the indicators.

An IEC material to enhance the extent of compliance of postoperative orthopedic patients was proposed.