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## **ABSTRACT**

This study determined the health status of the coastal residents in Luna, La Union as a basis to propose health measures to address the health status of coastal residents. The descriptive research method was utilized in the study with a questionnaire as the primary tool used to gather data. Frequency and percentages were used to treat the data.

The salient findings of the study are as follows: (1) The ailments experienced among the coastal residents in Luna, La Union were related to Integumentary, Cardiovascular, Respiratory, Digestive, Musculo-skeletal, Genito-urinary, Nervous, Endocrine, and Circulatory system; (2) The more common ailments were: Respiratory (Acute Respiratory Infection), Integumentary (Infected Wound, Carbuncle, and Allergic Dermatitis), and Digestive (Acute Gastroenteritis). The others were less common ailments; and (3) The health risk factors that the residents were exposed to along environment include: presence of insects and pests, exposure to animal waste/excreta, hot and humid and rainy season; social includes: smoking, drinking alcohol and gambling; and occupation includes being a non-professional worker (stone picker, farmer, fisherman and housekeeper).

The study concluded that: (1) the ailments experienced among the coastal residents were infectious and non-infectious ailments that were preventable and treatable; (2) the health risk factors that the coastal residents exposed to were related to environment, social and occupation that were mostly modifiable. Based on the findings of the study, proposed health measures were developed to address the health status of the coastal residents in Luna, La Union.