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## **ABSTRACT**

This study aimed to determine the healthcare practices among End – Stage Renal Disease Patients. The study was conducted in four (4) hemodialysis units in La Union namely, Ilocos Training and Regional Medical Center, Lorma Medical Center, Hemotek Bacnotan and Agoon Family Medical Clinic. There are a total of 92 respondents in the study. Descriptive survey method and questionnaire were used in gathering the data which were treated using weighted mean and average weighted mean.

Findings in the study showed that the ESRD patients often carried out physical, social and spiritual care while sometimes carried out physiological care. Majority of the physical and physiological care activities are least carried out while the majority of the social and spiritual care activities are mostly carried out.

It was concluded in the study that the majority of healthcare practices along physical, physiological, social and spiritual dimensions are not fully carried out. There are more healthcare practices that are most carried out than least carried out. The useful guide for the ESRD patient can improve their quality of life.

Finally, it is recommended that an IEC material will be presented to the different hemodialysis units of La Union for consideration, adoption and implementation.