

Cabrera, D.N.C. (2017). Nursing interventions for chemotherapy side effects among post chemotherapy patients in tertiary hospitals of La Union. Lorma Colleges, City of San Fernando, La Union.

*Keywords: Chemotherapy side effects*

## **ABSTRACT**

This study aimed to determine the nursing interventions for chemotherapy side effects among chemotherapy patients in tertiary hospitals of La Union. Ninety-six (96) respondents made up the study's population and they were from Ilocos Training and Regional Medical Center and Lorma Medical Center.

The descriptive design was employed in this study and a questionnaire was used to gather data. Average weighted mean was utilized to determine the extent of utilization of the interventions. The most, more and less dominant interventions were likewise determined.

Results show that the chemo-patients' extent of utilization of interventions for chemotherapy side effects was high along nutrition, physical activity, self care and medications and very high along environmental manipulation and psychosocial wellbeing. Almost all intervention groups for the various side effects were more to most dominant in the respondents' utilization of these measures except for the only two least dominant ones—nutritional interventions for diarrhea and medicated interventions for chemotherapy associated pain.

An IEC material to enhance the utilization of intervention measures for the chemotherapy side effects was proposed.