

Surat, A. (2010). Paternal roles and practices during their wives' pregnancy and childbirth: an action plan. Lorma Colleges, City of San Fernando, La Union.

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ABSTRACT

This study aimed to know the extent of implementation of the paternal role and practices during their wives pregnancy and childbirth as a basis for making an action plan entitled “ Enhancing Paternal Roles and Practices during their wives Pregnancy and Childbirth”

The descriptive method through a questionnaire was used to determine the paternal roles and practices during their wives' pregnancy and childbirth as well as an interview to gather the different paternal problems during the implementation of their roles and practices during their wives' pregnancy and childbirth. Tools utilized to analyze and interpret data were frequency counts, weighted mean, t-test, ANOVA and Tukey's test.

The findings of the study revealed that most of the fathers were within the young adulthood (19-40 yrs old) category, high school graduates, non-professionals in occupation, has an annual income of 72,000 and below. Their extent of implementation of roles and practices during pregnancy and childbirth is often. The most common problem encountered during their wives' pregnancy and childbirth is being removed in the scene.

In the light of the above stated findings, it is recommended that priority clients for the enhancement program should be those who are high school graduates, non-professionals, and low income fathers. Similar studies should be conducted to provide baseline data for a more comprehensive program for the fathers and to continue the paternal roles and practices during postpartum.