MANZANO, G. (2013). <u>Knowledge on Skin Cancer Prevention - Basis for an Occupational Health and Safety Guidelines for Outdoor Workers</u>. Lorma Colleges, City of San Fernando, La Union

**Key Words:** Knowledge on Skin Cancer, Occupation Health, Safety, Outdoor Workers

## **ABSTRACT**

This study aimed to determine the extent of knowledge on skin cancer prevention as a basis of formulating occupational health and safety guidelines for outdoor workers in selected barangays of City of San Fernando, La Union for the calendar year 2012.

Results revealed that the outdoor workers have generally low knowledge on skin cancer prevention particularly along its risk factors, signs and symptoms, diagnosis, treatment, complications while they have moderate knowledge on the causes and preventive measures. Furthermore, all the areas of skin cancer prevention need to be stressed among outdoor workers in selected barangays in the City of San Fernando, La Union.

It was concluded that the lack of knowledge on the different dimensions of skin cancer predisposed the outdoor workers to develop potential skin cancer. The prevention of skin cancer requires extensive information dissemination. The Occupational Health and Safety (OHS) Guidelines on Skin Cancer Prevention proposed based on the areas stressed on the findings of the study can be utilized by the outdoor workers in preventing skin cancer thereby ensuring quality of life.

The researcher recommended that the DOH, government organizations and non-government organizations can work together to facilitate awareness campaigns on skin cancer prevention among the outdoor workers. Utilization and adoption of the formulated OHS guidelines by the outdoor workers and the Colleges of Nursing for their health education program in Community Health Nursing is recommended. A more aggressive information campaign on skin cancer awareness, its causes, risk factors, signs and symptoms, diagnosis, treatment, complications and preventive measures should be disseminated especially by the Local Government Units with the aid of health institutions and non-profit organizations.