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ABSTRACT

This study aimed to determine the prevention of smoking in selected health institutions in the First District of La Union. The descriptive research design was utilized in this study. This is conducted in selected health institutions of the First District of La Union with a total population of 224. A questionnaire was used as the main tool to gather data. Weighted mean was utilized to treat the data.

The salient findings of the study are as follows: (1) The health institutions moderately complied in the prevention of smoking along monitoring tobacco use and prevention, protecting people from the effects of smoking and warning about the dangers of tobacco; while offering help to quit tobacco use and enforcing bans on tobacco advertisement, promotion, and sponsorship are not complied. (2) The strengths were found along monitoring tobacco use and prevention, protecting people from the effects of smoking and warning about the dangers of tobacco and weaknesses were along offering help to quit tobacco use and enforcing bans on tobacco advertisement, promotion and sponsorship. (3) The problems encountered by the health institutions in the program of smoking prevention are moderately serious. (4) Measures can be proposed to address the compliance of the health institutions in the prevention of smoking.

The study concluded that the Health Institutions do not implement the measures in the prevention of smoking; the weaknesses outweigh the strengths; variety of problems related to compliance hinder the implementation of measures; and the measures which enhance the compliance of Health Institutions in the prevention of smoking have been proposed.

It is recommended that the proposed measures be presented to the Health Institutions for consideration and possible adoption and a parallel study in the region may be conducted on the compliance of other Health Institutions.