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Keywords: Craniotomy, Denial, Anger, Depression, Acceptance, Community support, Health care providers

ABSTRACT

The advances of medical science have addressed the surgical needs of patients who go through brain-related surgeries. However, these procedures lead to a series of mental and physical struggles patients usually experience.

The study aimed to explore the lived experiences of patients who had undergone craniotomy. Further, it described their experiences along with the models of denial, anger, bargaining, depression, and acceptance. Also, it explored the coping strategies of the participants.

To successfully point out all the essential premises of the study, a qualitative phenomenological research design was used. The study concludes that patients portrayed similarities of the informants' struggles, challenges, limitations and eventually their victories as they eventually advanced to their healing process. Moreover, the support system is essential for the recovery of patients. The study recommends extra efforts of healthcare providers such as home visitation and counselling. Also, health care providers educate family members on how to take good care of patients who are recovering at home. This may include health and wellness orientation for them to effectively help family members recover faster.